

THE WYOMING MESSENGER

March 2022

Speak A Word

In intentional moments, like the season of Lent, we quiet ourselves to hear the heartbeat of the Spirit, the wisdom of Jesus, and the will of our Creator. With anticipation, let us listen for the voice of God through Scripture, prayer and one another.

Creator God,
Deep in the night,
within the silence,
I hear your voice.
You speak to me
and fill my hearing
with your
Holy Word.

Early in the morning,
within the stillness
of my meditation,
I hear your voice.
You whisper into my
spirit your Holy Word.

In the womb of prayer,
within the rapture,
I hear your voice.
You speak to me
and fill my consciousness
with your Holy Word.

May I be comforted by
your words of grace.
May I be corrected by
your words of instruction.
May I be renewed by
your words of resurrection.
May I be encouraged by
your words of prophecy.
May I be changed by
Your Word. Amen.

- By LaTrelle Miller Easterling,
January 13, 2015

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Beloved,

Before COVID-19, I wholeheartedly anticipated a more traditional focus upon the sacrifices of Lent and a time of deep introspection. However, after two years of loss, exhaustion from all the changes in lifestyle and church and from the struggles over just about everything, many come to this season weary and spent.

You are now invited to lean deeper into discipleship and the comforting, life-saving, hope-bringing, counter-cultural, transforming power of

God. God's Word still speaks to us individually and corporately. When we immerse ourselves in it with intentionality, it can spark creativity and inspire us to speak as well. This study consists of Scripture, prayer-poems and reflections where we speak words of Life into one another as we reflect. These prayer-poems came as a gift over the years from the Spirit to me. I share some of them with you in the hope that they bring opportunities for conversation, creativity and growth.

May your Lent be blessed.

LaTrelle Miller Easterling

Bishop, Baltimore-Washington and
Peninsula-Delaware Conferences
The United Methodist Church

Download Bishop Easterling's
Lenten Devotions here:

[https://www.pen-del.org/files/
content/
lent+bible+study+2022/speak-
a-word-lent-feb-2022.pdf](https://www.pen-del.org/files/content/lent+bible+study+2022/speak-a-word-lent-feb-2022.pdf)

A limited number of printed
copies is available at the wel-
come desk.

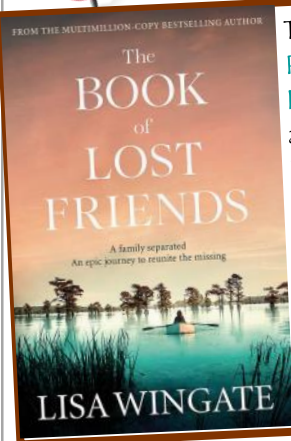


Zero Discrimination Day

is an annual day celebrated on 1 March each year by the United Nations and other international organizations. The day aims to promote equality before the law and in practice throughout all of the member countries of the UN. The day

was first celebrated on March 1, 2014. Zero Discrimination Day aims at highlighting the urgent need to take action to end the inequalities surrounding income, sex, age, health status, occupation, disability, sexual orientation, drug use, gender identity, race, class, ethnicity and religion that prevalent around the world. A butterfly is the symbol of Zero Discrimination Day and it is widely used by people to share their stories and photos as a way to end discrimination and work towards positive transformation. We celebrate the right of everyone to live a full and productive life... and live it with dignity.

Bulletin Board



The Book of Lost Friends by Lisa Wingate
Read this book chosen by the WUMC
Book Discussion Group for March...
and join them - on Zoom - on
Wednesday, March 23 at 7 PM
for the discussion!
For your Zoom invite, send your email
address to Lisa mamabear932@hotmail.com.
Please check with Kim ☎ (302) 670-1832
about an in-person meeting and with
other questions.

BASIC Lay Servant Course - Spring 2022

Zoom Sessions March 10 through April 7

Thursday Evenings at 7

More info on

wyomingumc.com

(click HAPPENINGS)

Register here →



Date Change... You can still join us!

"DAVID" - an all new musical production at the Sight
& Sound Theater in Lancaster, PA opens in March.

<https://sight-sound.com/shows/lanaster/david/2022>

A group from Wyoming Church will car-pool to
watch the 3PM performance on Saturday, May 21 and
have lunch before and/or dinner after the show.

Tickets are \$85/each for 12 years and older,
\$39 for children up to 11 years.

Get your tickets soon! Renate (302) 399-3898

The Redners Receipts many of you
have been faithfully collecting and
dropping off at the welcome desk
have once again been converted into
cash for Wyoming Church - \$172!
Thanks to all who keep contributing.

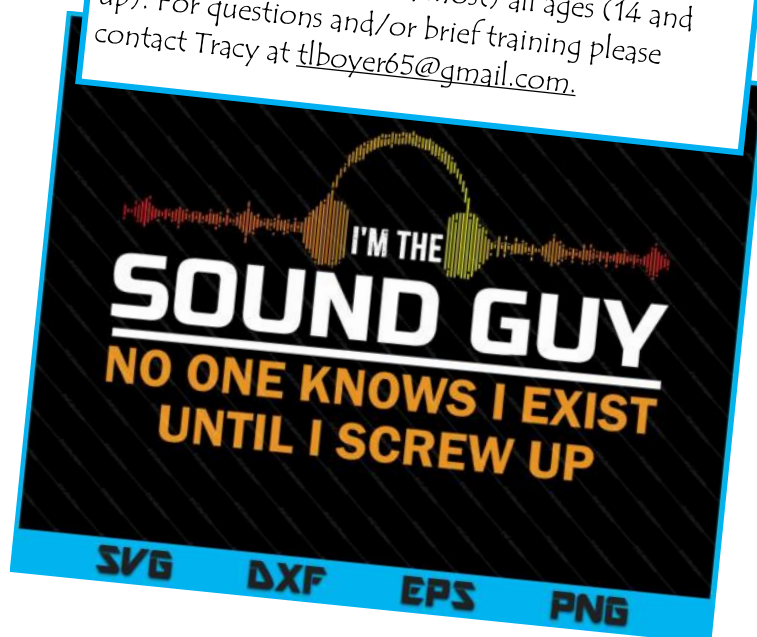
Employee Card
Redner's
WAREHOUSE MARKETS
SAVE-A-TAPE PROGRAM



...AT 2:00 AM
ON SUNDAY, MARCH 13TH!

Want to give it a try?
We need more Sound & Visual Technicians for
Sunday morning worship services - 9AM and
especially 11AM, and special events, too!

This is a perfect task for (almost) all ages (14 and
up). For questions and/or brief training please
contact Tracy at tlboyer65@gmail.com.



From the Pastors' Desk

Luke 18:9-14

9 He also told this parable to some who trusted in themselves that they were righteous and regarded others with contempt: 10 "Two men went up to the temple to pray, one a Pharisee and the other a tax collector. 11 The Pharisee, standing by himself, was praying thus, 'God, I thank you that I am not like other people: thieves, rogues, adulterers, or even like this tax collector. 12 I fast twice a week; I give a tenth of all my income.' 13 But the tax collector, standing far off, would not even look up to heaven, but was beating his breast and saying, 'God, be merciful to me, a sinner!' 14 I tell you, this man went down to his home justified rather than the other; **for all who exalt themselves will be humbled, but all who humble themselves will be exalted.**"

There is an old Mac Davis song called *It's Hard to be Humble* with the chorus, "Oh, Lord, it's hard to be humble when you're perfect in every way." This satirical song points out how quickly we determine our place as above that of others. At times we believe that the blessings we have received are of our own making, due to our brilliance and good works.

In today's parable, Jesus teaches about the human condition of self-righteousness. The Pharisee is learned, of high status, and follows the rules of fasting and tithing. The Pharisee prays to God, not for his undeserved gifts, but in thanks that he isn't one of "those

people." One can just envision his up-turned nose and eyes scanning others over his robed shoulder. It is as if he is saying, "Lord, it's hard to be humble, when you're perfect in every way like me."

The tax collector also stood before the altar in prayer. In contrast to the Pharisee's haughty assuredness, the tax collector "would not even look up to heaven" (18:13). He stood away from the others because he felt unworthy before God. He displayed his repentant heart as he cried, "God, be merciful to me, a sinner!" hoping to be restored to righteousness.

The twist at the end of Jesus' lesson is that the tax collector who recognized his sinful nature and turned to God for mercy was the one exalted! The Pharisee found no need to repent since he was "perfect."

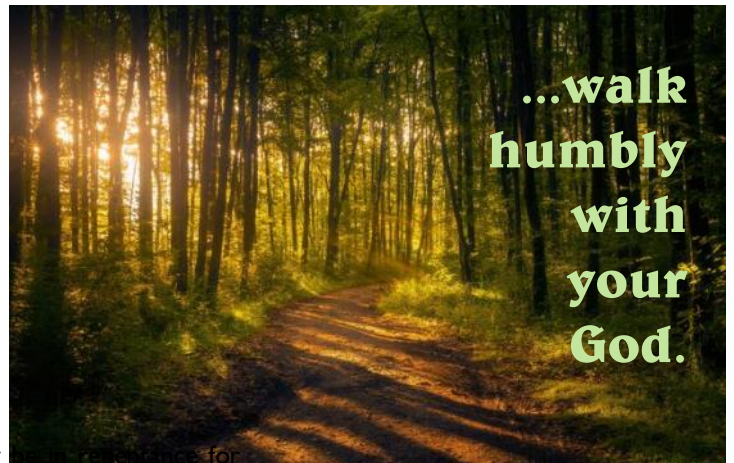
Martin Luther wrote about believers not focusing on themselves but rather, by faith, on Christ and their neighbors. We are far from perfect in every way - and that is exactly why we seek the Lord's mercy.

As we approach this Lenten season, may we be mindful of the ways that we need Jesus and His grace. May we continually



our imperfect nature and choices; and may we seek the incredible, healing ways that God works through us to seek, save, restore, and redeem - not just ourselves but those He has placed in our lives.

Embrace Grace,
Pastor Lindsay and
Pastor Rick



March 2

Two opportunities for the
Imposition of Ashes -
12:00 PM to 12:30 PM
6:15 PM to 6:45 PM



March
Memory Verse

For **GOD**
Gave us a Spirit not of fear but of
POWER & love
& SELF*CONTROL.

- 2 TIMOTHY 1:7 -



National Deaf History Month is celebrated from March 13 through April 15 to commemorate the achievements of people who are deaf and hard of hearing. The time frame is spread across March and April in recognition of three turning points in deaf education history dating back to the early 1800s.

On April 15, 1817, America's first public school for the deaf was opened. On April 8, 1864, Gallaudet University, the world's first institution dedicated to advanced education for the deaf and hard of hearing, was officially founded. And more than 100 years later, on March 13, 1988, Gallaudet hired its first deaf president in response to its students' Deaf President Now movement.

Each of these seminal events represents significant advancements for deaf and hard of hearing people in the United States. The establishment of the American School for the Deaf was the beginning of a long proud tradition of schools for the deaf in this country, which continues to this day. Preservation of these schools is of paramount importance to the community. Gallaudet University is a central icon within the community, representing the only university in the world that is solely for deaf and hard of hearing students. March 13 represents the day that the deaf community seized its fate during the Gallaudet University "Deaf President Now" movement when Gallaudet selected its first Deaf President. Deaf citizens declared that never again would they not be allowed to lead themselves.

The National Association of the Deaf (NAD) first introduced National Deaf History Month in 1997 and, in 2006, the American Library Association partnered with NAD in supporting and spreading awareness of this celebration. The NAD urges the United States government and

states as well as local organizations and libraries to officially recognize Deaf History month to bring awareness and appreciation of deaf culture, heritage and American Sign Language to the general public.

March Is Trisomy Awareness Month

Most people have 23 pairs of chromosomes in most or all of their cells for a total of 46 chromosomes in all. These chromosomes include DNA and other material that provide a blueprint for "building" a person. Some people have trisomy conditions - those related to having an extra chromosome in most or all of their cells, for a total of 47 chromosomes in all.

An extra chromosome can cause a variety of health issues ranging from mild intellectual and developmental disability (IDD), to severe physical problems.

During Trisomy Awareness Month in March, the Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD) joins other agencies and organizations in raising awareness about trisomy conditions and the challenges they may pose to individuals and families. Research on these conditions - from their origins, to their mechanisms, to their treatments - plays an important role in the lives of these individuals and families. Select a link below to learn more about trisomy conditions and NICHD research.

Meet the Spampinato's - Jesse & Amy and no less than perfect girls Lucia and Vianna.

Stay posted for a Crazy Sock Sale to raise awareness and benefit Down Syndrome advocacy at Wyoming Church. Socks will be available for purchase on the honor system at the Welcome Desk. Buy your socks, then wear them proudly to church on **Sunday,**

March 20th!

If you are looking for a larger quantity, perhaps to celebrate awareness with your office or school colleagues, please contact Amy Spampinato at aespampinato@googlemail.com.





Potential College Scholarship

Courtesy Of The Adult Fellowship Dinner Team.

In a recent discussion with George Pettyjohn, Leader of the Adult Fellowship Dinner Team, the point was made that although the Adult Fellowship Dinners have not occurred for about two years and were not likely to resume any time soon, there existed a pool of unused funds that was not being put to good use. The suggestion was made that these funds, in the

amount of \$600.00 (actually \$593.00 plus a \$7.00 anonymous donation), could be used for a one-time college scholarship for one of our Church's current High School Seniors. While George readily agreed with the concept he did not feel comfortable making that decision unilaterally. Thus, George would like to have as many as possible of those former Adult Fellowship Dinner Team Members to comment on this proposal. To share your prayerful comments with George, please feel free to contact him at your earliest convenience at georgepettyjohn@aol.com or ☎ (302) 222-3008.



You bought 149 subs at the Super Bowl sale, contributing a whopping \$1,000 bonus to the youth mission trip.

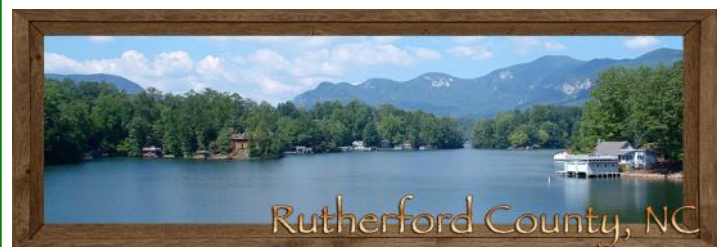
THANK YOU!! Thank you also to all youth & adult helpers preparing the

popular subs! And - yes we ARE going on a mission trip this summer! We will be headed to Rutherford County, NC in the Blue Ridge Mountains for a week of service, learning, and fun. The trip will be Sunday, June 26th through Friday, July 1st. Thanks to our consistent fundraising efforts - like the super successful sub sale, the cost per youth is just \$200.

The biggest change this year is that I am not able to go. Our daughter will be born around June 15th, which of course I was not expecting back when I booked this trip last fall. While I am sad to miss the trip, I am grateful that Gary and Melissa Nelson have stepped up to be the trip leaders, and I know y'all will have an AWESOME time!

If you want to go on the trip, please let me know so I can get you signed up!

Thanks & Blessings, *Pastor Rick*



Wyoming UMC Youth Ministry -

Calling all youth in grades 6-12!

We meet from 6:30 to 8 PM on Sundays - March 6, 13, 20, 27.

[Bring your mask please!]

Your contact @ Wyoming Church: Pastor Rick - therevfdw@gmail.com



REGISTER FOR SUMMER CAMP @ PECOMETH!

Camps available for kids and youth from K through 12th grade. Check out Pecometh's website www.pecometh.org for more

information on all of the summer camps. Wyoming UMC will again provide some financial assistance for one camp experience for each child/youth from our congregation who sign up for summer camp at Camp Pecometh. The % of the campership will be determined by how many campers sign up. Please note that once your child/youth is registered you must email the invoice showing the \$50 paid deposit to bfreidell@yahoo.com by May 1st to be eligible for the campership. In early May, we will notify you how much campership \$ we were able to provide for your child/youth camp experience.

Any Questions - call, text or email Betsy Freidel at ☎ (302) 535-3983 // bfreidell@yahoo.com.

HELP BOOST WUMC CAMPERSHIPS?

The cost of camp has continued to increase to presently between \$400 and \$900 per week. Please consider making a donation to the Camperships that Wyoming Church provides. If you wish to donate please mark **Camp Pecometh** on your check memo line or contact Betsy.

Special thanks to the Kitchen Team who have generously donated \$1,000 and the Finance Team who have budgeted an amount of \$1,000 toward Pecometh camperships!

Kim (302) 670-1832



During the month of March, we will be once again working together for the **Rise Against Hunger** project. The past few years we have not been able to pack the actual meals because of Covid 19 restrictions, but we did an awesome job of raising the funds needed to provide over 10,000 meals! This year, I am excited to say that we will once again be able to pack the meals as well as raise the funds needed to purchase the food items. If you were lucky enough to help at the packing events in the past you know how much fun we have while helping a great cause not to mention the fashion statements we make by wearing the red hair nets! Here are our goals for this year and the ways you can help us reach and surpass these goals!

Raise at least \$3,500 to cover the cost of food for 10,152 meals

You can help in several ways; You can donate using your church envelope and indicate on the outside the amount to be given to **Rise Against Hunger**. You can write a check and put **Rise Against Hunger** on the memo line and drop it in the offering bucket, or you can make a donation on-line. A link for our fundraising page will be emailed out during our weekly email blasts in March. It is our goal to raise the money by the end of March!

Participate in the packing event on April 23, 2022

We are in need of some strong and energetic people to help unload the trucks and set up the stations before packing. You will need to arrive at **9:00a.m.** Youth, this is one place we could really use your help, so if you are available please let Pastor Rick know and feel free to bring friends! Of course will are not limiting this to just the youth!

We also need many people to help measure, weigh and pack the food packets. If this interests you please arrive a few minutes before 10:00 a.m. This is open to anyone and is always a fun time! In the past, we have completed our tasks before 12:00p.m.

reach...Outreach...Outreach...Outreach...Out

Brown Bag Lunches for the Local Homeless People

For several years many WUMC small groups and community groups with a connection to Wyoming Church have provided 40 to 50 lunches for the

homeless on a monthly basis.

The following groups have participated (a different group each month):

Home Schooling Group | Legacy 4-H
BYO Bible Study | WUMC Youth Group
Adult Fellowship | Disciple Bible Study
1 to 5 Alive | ASL Sign Language Classes
Nurses Christian Fellowship | Ladies' Bible Study | Boy Scout Troop # 24

A variety of generous individual donors and other Bible study groups have helped, as well. Most of these groups have done this for several years and continue to do so. Some groups did not meet on a regular basis during "Covid" but still provided lunches.

Several other area churches support this ministry with us. On our current turn for



2022, we need **volunteers to Provide lunches for the months of June and October.**

If you, or a group you are a member of, would like to support this Outreach effort, call one of the numbers below.

This church/community effort has been organized by the WUMC Outreach Team.

All lunches are taken to the Dover Interfaith Mission for Housing (current location near the intersection of Forrest and Railroad Avenue, with plans to relocate later this year).

Lunches are not consumed by the men who live at the mission but are distributed to the homeless in and around Dover by the Mission.

Again, the WUMC Outreach Team is hoping to find 2 groups, one for June and one for October of 2022 to provide 40 to 50 lunches. We usually try to deliver these near the middle of the month. Lunches can be delivered by the

group that prepares them or by an Outreach Team member - please see phone numbers below.

All lunches must contain nonperishables only. A typical lunch would consist of a protein such as Vienna sausages, single serve tuna or chicken pouch, a fruit cup or apple sauce, a granola bar, and a salty or sweet snack, single serve chips, pretzels, or rice krispie treats. A bottle of water is distributed with the meal. These items are placed in a paper or zip-loc bag. The water bottles can be delivered as 2 cases to be distributed individually.

If you, or a group you belong to, would like to help our local homeless community, please contact one of the Outreach Team members below. Remember, what might seem like a poor meal to us could appear to be a banquet to a homeless person.

Finally, thank you very much to all the groups and individuals of WUMC who have collectively provided about 2000 brown bag lunches over the last several years!

Contact Numbers, WUMC Outreach Team:

Mary Dawn Ditty (610) 428-9579
Dan Deckard (302) 331-9298

Dover Interfaith Mission for Housing
(302) 736-3600

Monthly FINANCIAL REPORT January, 2022

Larry Towle, Finance Team Chair

	<u>Income/Expense to Date</u>	<u>2022</u>
Weekly Offerings	51,420.08	575,700
Facilities and Other	11,781.92	73,300
Total Income	63,202.00	649,000
 Total Expense	 49,822.85	 648,068
 Net Income(Loss)	 13,379.15	
 Balance of Mortgage 1/1/2022		667,587.00
Principal Paid in 2022		21,138.37
Mortgage Balance 1/31/22		646,448.63

amazonsmile
You shop. Amazon gives.

... recently reported the quarterly profit to Wyoming Church as **\$44.60**, "...as a result of qualifying purchases made by you and other customers who have selected this charity." Whenever you shop at Amazon, start here: **www.smile.amazon.com** and enter Wyoming UMC as your charity.



Raising FUNds...

**Broken necklace? One earring? Old watch?
Silver flatware collecting dust?
Donate your silver, gold, platinum, precious
stone, vintage jewelry to help with church
mortgage reduction. Place items in a bag
with your name and contact information on it
- there's a collection box in the church office.**

**Tax paperwork is available after our
appraiser values your items.**



Everyone's
favorite

SCRIP

Gift

Card

Sale returns in April! Till then...

Print your own gift cards
through the
RaiseRight app -
download it here:

www.raiseright.com

Wyoming Church's
beneficiary code is:
63B941BB59911



Safe Secure Sanctuary's New Door Access System --- More Welcoming And Safer For All!

Many of us are beginning to take additional, tentative steps toward a somewhat more relaxed life style relative to Covid and its variants. One noticeable response is seen in the increased use of our Wyoming Church facilities by both our own church groups as well as various community groups.

Over the decades Wyoming Church has had a reputation of being a community of believers that adhere to the philosophy of 'Open Hearts, Open Minds and Open Doors'. Today's 'IT' technology makes it even easier to continue to be a welcoming sanctuary with an additional, increased emphasis on safety. To this end we will soon see the installation of a new access door system to compliment our current 62 camera security system.

April's Weed 'N Feed Is Fast Approaching!

For those of you good folks with a 'green thumb' and who are anticipating the imminent arrival of Spring, please consider placing the



date of Saturday, April the 2nd, from 9:00 AM until 12:00 Noon on your calendar. That is when this year's Spring time Weed 'N Feed is planned to occur. At this event we will concentrate our weeding, trimming and culling efforts on the main landscaped bed at the front of the Church as well as the individual and group plantings that are to be found at various locations on the Church grounds.

We plan to be finished with the outside work by 11:30 AM so that we can then adjourn to Room 101 to partake in a prepared Fellowship Luncheon. Beginning on Sunday, March 6, look for the Weed 'N Feed

Poster Display and Sign Up Sheet in the Narthex!

The inclement weather alternate date is April 9, 2022.



Our Church's Memorial Garden --- Awaiting Additional Memorial Bricks.

The Wyoming United Methodist Church's Memorial Garden, located east of the South Parking Lot, sits silently and patiently during this quiet winter to spring time of transition. However, there is currently quite a bit of 'behind the scenes' activity occurring with six different Memorial Bricks in various stages of order processing, inscription, final confirmation and placement.

Please remember that the opportunity to order a Memorial Brick is always open. A sincere gesture by which you can honor a loved one who has been called to their heavenly home or to honor a person who has had a very positive impact on your life would be through the placement of a Memorial Brick in the Memorial Garden. Memorial Brick order forms are to be found on the Memorial Garden model display table in the Narthex of the Church.

The Memorial Garden is always open should you feel the desire to be in a quiet place and the circular, meditative pattern of the Garden's walkway lends itself well to a reflective and calming experience.



"The Healing Power of Prayer"

You are invited to the **March Prayer Breakfast on Saturday, March 26th at Hall's Restaurant in Wyoming.** We will meet beginning at **7:30 AM** in the 'Backroom' and plan to conclude by 8:30 AM.

The **Theme** for the month of March is "The Healing Power Of Prayer".

We will be using **Jeremiah 33:6; 2 Chronicles 7:14; Matthew 10:1 and 10:8** as a basis for our shared conversation centering on prayers for individual, community and national healing.

The format will be: **Welcome... Introductions... Placing Breakfast Orders... Prayer Of the Day... Prayer Theme & Discussion... Unison Prayer... Serving Of Breakfast... Breakfast & Table Fellowship With Topics Of The Day!**

Your presence and participation will be most welcome. Please be assured that you will find a comforting and relaxed environment in which to start your day!

Seating will be spread around the 'Backroom' for comfortable social distancing.

Reflections

Reflections

I AM 
enough

*For You formed my inmost being; You knit me together in my mother's womb.
I praise You, for I am fearfully and wonderfully made. Marvelous are Your works, and I know this very well.
Psalm 139 13-14*

One of our son's last college visits a few years back was to Messiah College (now Messiah University) in Mechanicsburg, PA. While college visits and campus tours are obviously for the kids, trying to make one of their biggest life decisions thus far, I've always personally enjoyed the experience, given how most tours typically conclude at the entrance to the college bookstore, meaning another shirt is just about to be added to my college collection at home. Having strode so many college campuses with both our kids during their search process, I typically walk away with something special on each occasion... aside from a shirt! It might be the lasting image of a beautifully landscaped campus, or a unique or historic building, or an incredible sports field. Messiah was no exception, yet it was none of these typical campus highlights which stood out. Messiah was the only college visit that I can recall where a dorm was my magic moment; my lasting take away. And it wasn't the dorm building itself that was so memorable. I unfortunately forget what the building even looked like. To be specific, it was the actual dorm room that we were permitted to enter, and not just an empty shell of a room, but a true, lived in room of two young ladies which is so firmly lodged in my memory.

I recall as we approached the dorm room, our pleasant guide said, "The two students who live in this dorm room have volunteered their room for the day for visitors on tour." As I approached the room, I remember thinking how generous that was of these two young ladies... I'm not sure I would have been so thoughtful at that stage in life. In entering the room, it was, aside from the customary two beds, matching dressers,

Danny Cooper Coordinator/Counselor
@ Daybreak Counseling Services

and desks, what may be expected of a young ladies dorm room. Pretty colors permeated the space, a few stuffed animals and oversized pillows occupied the standard twin beds, posters decorated the walls, and as I recall, there was maybe a plant or two in the window sill. A quick glance around was all that was needed... a tastefully decorated ladies dorm room. But then as I prepared to walk out, as another tour was poised to enter, I saw it, just above the bed, about midway up the wall; a small, printer paper size, mini-poster type placard that read, in simple but beautiful script, "I'm Enough". That small, almost overlooked message caught me off guard in that moment and I was literally stuck in my tracks. Like ants marching in single file, it was the momentum of my tour partners that pushed me along and reluctantly out of the room. I maybe only had five seconds of uninterrupted time to gaze at those words above the bed, but I can still clearly picture it today... I'm Enough.

Life changing experiences are wrapped in unusual, unexpected packages, and not to sound too dramatic, but this was a life changing experience for me. The simplicity of the message; the setting, the environment, the occasion... like stars lining up, a strong impression was made on me that I'm thankful has not receded

*It seems that so many of us crave to feel enough... to feel recognized, important, needed, special, and the list goes on... working so desperately hard to achieve a status that we are already offered by our loving God.
It's ironic really... so much effort, so much anxiousness, so much energy expended, seeking from the world what we already have in full from our loving God.*

one iota. The Word says that it is the truth that makes us free. There is simple truth in that dorm room message, and that truth made me more free walking out of the dorm room than when I walked in. I hope that this simple truth makes you feel more free as well. While my counseling work makes this painfully clear, you don't need to be a helping professional, working day in and day out with hurting folks, to recognize that many in this world don't feel like they are enough. In fact, it seems that so

many of us crave to feel enough... to feel recognized, important, needed, special, and the list goes on... working so desperately hard to achieve a status that we are already offered by our loving God. It's ironic really... so much effort, so much anxiousness, so much energy expended, seeking from the world what we already have in full from our loving God. How can I rest in the completeness of God's love, in the truth that we are and have always been enough, when we clamor after the world, a fallen, fickle, flawed world, to begrudgingly give us this message? We're not that talented. We can only do one thing at a time. And if I am focused on the world to tell me this truth that I hunger for, I am looking past the only true source of that which I seek, our God, who truly loves us and completes us, but who is also a jealous God, and so, will not compete with the "idols" we willingly chase after in this world. Chasing causes us to chase all the more. Busy, go, search, beg... so much invested, so much lost... so little to show for it. And whatever crumbs, so to speak, that I glean from my labor are bitter, certainly fleeting, and cause me to continue the chase over and over again. And that *still small voice* of God? Drowned out by the relentless noise we willingly invite. Or as the Book of Psalms may describe it, *the resounding gong or clanging cymbal* of life's limitless empty substitutes.

And so what are we to do? How do we proceed? To be enough is not an action or movement; it's not a seeking after or the belief, *I will be if...* We are, you and I, enough, right this very second, and why? Because we are. God, the creator of all things, who is perfect in his creation, saw fit that you and I experience this gift of life. Do you deserve this gift? Have I done enough to earn this privilege? No to both. You see, unlike this world in which we live, we are already enough for our God, our most loving parent; we are loved completely... just because we are. Hard to describe. Even harder to understand. But thankfully we don't have to understand. Our only job, so to speak, is to relish the truth that we are loved completely, as is, and will always be by our loving Father. What could be better than that? And when we're loved like that, loved so completely, we can each gratefully and earnestly proclaim...

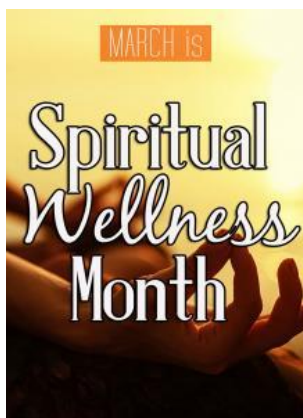
I'm Enough!



3/01 Linda Lyon
 3/02 Carol Abbott
 3/03 Joe Hajec, Renate Purdy,
 Sheila Snyder
 3/04 Elaina Ditty, Jack Kling,
 Cindy Pearson,
 Richard Stockslager
 3/05 Jeff Williams
 3/06 Jeffrey Purdy

3/07 Joyce Stockslager
 3/08 Sharon Burge, Gloria Ramstedt, Rod
 Thompson
 3/09 Tim Freidel, Gwen Robinson
 3/10 Janice Jordan
 3/11 Susan Higgins, Karen Priestley
 3/12 Jenna Rogge, Dana Sharpe,
 Gail Vella
 3/13 Dwight Meyer
 3/15 John Riggins, Tressa Stant
 3/16 Robert Hawkins, Mike Marasco
 3/18 Chloe Malone, Dylan Pearson
 3/20 Walt Ramstedt
 3/22 Blake Fennemore
 3/23 Hank Baker, Clara Gravatt,
 Chris Harris
 3/27 Wayne Gordineer,
 BJ VanKavelaar
 3/28 Shirley Hawkins, Carlton Passley
 3/29 Cooper Barth, Donna McCartney,
 Kathy Schmidt
 3/30 Gemma Dolbey
 3/31 JoAnn Makdad
 4/02 Irene Gillette, Walt Jankowski
 4/04 Gary Green, Cort Massey,
 Ian Pearson, Alicia (Lee) Sumpter
 4/05 Kathy Deckard, Reileigh Gray
 4/06 Jim Klecan
 4/07 Marty Downing

...for if we live, we live for the Lord, or if we die,
 we die for the Lord; therefore whether we live or die,
 we are the Lord's. Romans 14:8



What is Spiritual Wellness?

Spiritual wellness involves you connecting with the bigger picture of life. In becoming spiritually well you find purpose and meaning to your life. You also connect your beliefs and values to your actions. Spiritual wellness may involve connecting with a higher power but it is not necessary. It is a personal choice and journey to find out what creates peace in your life and ultimately the world around you.

Ways to achieve Spiritual Wellness:

- * Prayer
- * Meditation
- * Community Service
- * Yoga
- * Realizing and acting upon your beliefs
- * Accepting the views of others
- * Enjoying each day for what it is

Spiritual Wellness is non-judgemental and disciplined. It can be expressed in acts of selflessness and helpfulness. These actions, when respectable, help create inner peace.

~ Our People ~

~ Deaths ~



Jeffrey Heilman, the son of
 Jerry & Tammy Heilman
 on January 23, 2022

*Jeff was very active in our
 youth group through his
 high-school years*



Donald Witmer,
 on January 23, 2022



Wellford Inge
 on January 28, 2022

*Dear Church Family, Words are inadequate to
 express our deep appreciation for all the love and
 support you have given us. We are so grateful for
 each of you.*

*Love,
 The Family of Wellford Inge*



Ed Mumford Willis,
 the brother of Nancy Hughes
 on January 29, 2022

*Ed and his wife Nancy Willis joined
 Wyoming Church in 1952, though in
 recent years they have not been able
 to attend any longer.*

Roy Rigby,
 the brother of Morgan Rigby
 on February 8, 2022

*"Roy was the friend that would
 give you the shirt off his back,
 the brother who was only a call
 away, the husband that loved
 his wife above all, father that
 put his children first, and
 grandfather who took immense
 pride in watching his grand-
 children grow. Most important
 of all, Roy loved Jesus and*



*was strong in his faith providing comfort to
 his family who know that he has now
 arrived "home" and is completely healed."*



A UNITED METHODIST CONGREGATION

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E-mail: office@wyomingumc.com

www.WyomingUMC.com



Office Hours:

Monday-Thursday 8AM - 2PM

call & text after hours:

☎ (302) 399-3898 Renate

To: You!

Pastors' Office Hours:

**Monday-Wednesday
9AM - 12:30PM,**

or by appointment.

Call or text

**☎ (302) 423-3911
Pastor Lindsay**

**☎ (302) 423-4237
Pastor Rick**



Saturday, March 12

Food Collection

from 10 AM to 12 noon.

Food and other items will be collected for Kent Interfaith, a cooperative effort among churches in the Dover area.

Bring your donations to the front door portico of Wyoming Church where we will take it directly from your vehicle. **Monetary donations to purchase meats and other perishable items will be gladly accepted. Please make all checks payable to WUMC with Food Bank on the memo line and your giving number please if you have one!**

Most Needed:

Canned Beans (black, kidney, navy, refried, etc.)
Dried Beans, Dry Rice
Cereal, Quick Oats
Peanut Butter & Jelly
Canned Vegetables (esp. corn & green beans)

NEW!

Boxed milk - Oil - Salt & Pepper
Sugar - Flour - Butter or Margarine

Consider Extras like:

Coffee (Can or Keurig), tea
Baby Food (distant future date)
Pet Food cans (cat & esp. dog)
Toilet Paper & Paper Towels

Pancakes & Puppets on Shrove Tuesday -

March 1 starting at 5:30PM. Pancakes with all your

favorite trimmings,

followed by a

performance by the

WUMC Puppets of

Praise.

Bring the family!

